

# Covid-19 and MPN – What have we learned

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## Bergamo was unfortunately the epicenter of the COVID-19 pandemic in Europe



**In March 2020** more than 5,400 people have died in Bergamo province (1.2 million), **4,500 of which due to coronavirus.**

**Pictures showing military vehicles** carrying hundreds of coffins away, witnessing the tragedy all Bergamo people were experiencing.

## **MPN-COVID Study**

- **MPN-COVID study** was launched by *European LeukemiaNet (ELN)* in March 2020.
- **Participating Centers** (n=38) from Italy, Spain, Germany, France, Croatia, Poland, England).
- After IRB approval, consecutive adult patients with **WHO-2016 diagnosed MPN with a positive PCR** from nasal swab, were included.
- The participating centres were asked to **report in an electronic case report form (e-CRF)** their consecutive MPN-COVID patients diagnosed since **15 February 15, 2020**.
- **Registration of new patients will continue until spring 2022**

# COVID outcomes and MPN



At the outset of the COVID-19 pandemic in early 2020, scientists and clinicians faced a daunting list of desperately needed answers.

The best means for settling these questions was to conduct research on an unprecedented scale and at an accelerated pace”.

## What questions have we addressed

- The **clinical epidemiology** during the acute phase in the first wave of the pandemic
- **Clinical sequelae** in patients who have passed the acute phase of the first wave
- Whether outcomes changed during the **subsequent waves**
- Whether drugs for MPN have affected the **effectiveness of vaccinations**

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## Patients n= 175

WHO	ET	PV	MF	pre-PMF
	N=59	N=57	N=39	N=23
<b>Country, n (%)</b>				
<b>Italy</b>	<b>22 (37.3%)</b>	<b>28 (49.1%)</b>	<b>16 (41.0%)</b>	<b>11 (47.8%)</b>
<b>Spain</b>	<b>33 (55.9%)</b>	<b>22 (38.6%)</b>	<b>15 (38.5%)</b>	<b>9 (39.1%)</b>
<b>Other</b> (France, UK,Poland Germany)	<b>4 ( 6.8%)</b>	<b>7 (12.3%)</b>	<b>8 (20.5%)</b>	<b>3 (13.0%)</b>
<b>Sex, n (%)</b>				
<b>Male</b>	29 (49.2%)	35 (61.4%)	26 (66.7%)	15 (65.2%)
<b>Age, years, median (IQR)</b>	56.8 (43.0-71.5)	61.8 (47.8-70.3)	65.7 (56.8-72.0)	67.9 (55.6-75.0)
<b>JAK2, n (%)</b>	33 (56.9%)	54 (97.4%)	21 (55.3%)	16 (76.2%)
<b>CALR, n (%)</b>	14 (34.1%)	0 (0.0%)	<b>12 (50.0%)</b>	2 (16.7%)
<b>MPL, n (%)</b>	4 (10.8%)	0 (0.0%)	0 (0.0%)	0 (0.0%)

## Patients at COVID (n=175)

	ET	PV	MF	pre-PMF	Total
	<b>N=51</b>	<b>N=46</b>	<b>N=60</b>	<b>N=18</b>	<b>N=175</b>
Age, years, median (IQR)	72.0 (54.1-80.6)	70.0 (58.2-74.7)	70.9 (62.7-77.1)	78.8 (70.3-86.4)	71.0 (60.0-79.9)
<b>Hospital</b>	40 (78.4%)	32 (69.6%)	51 (85.0%)	12 (66.7%)	135 (77.1%)
<b>Home</b>	11 (21.6%)	14 (30.4%)	9 (15.0%)	6 (33.3%)	40 (22.9%)
COMORBIDITES, n (%)					
Hypertension	33 (66.0%)	27 (60.0%)	34 (57.6%)	10 (58.8%)	104 (60.8%)
Diabetes mellitus	4 ( 8.0%)	5 (10.9%)	12 (20.0%)	2 (12.5%)	23 (13.4%)

## Cytoreductive drug for MPN at last follow-up

( months 1.5; Range 0.8-3.0 before COVID )

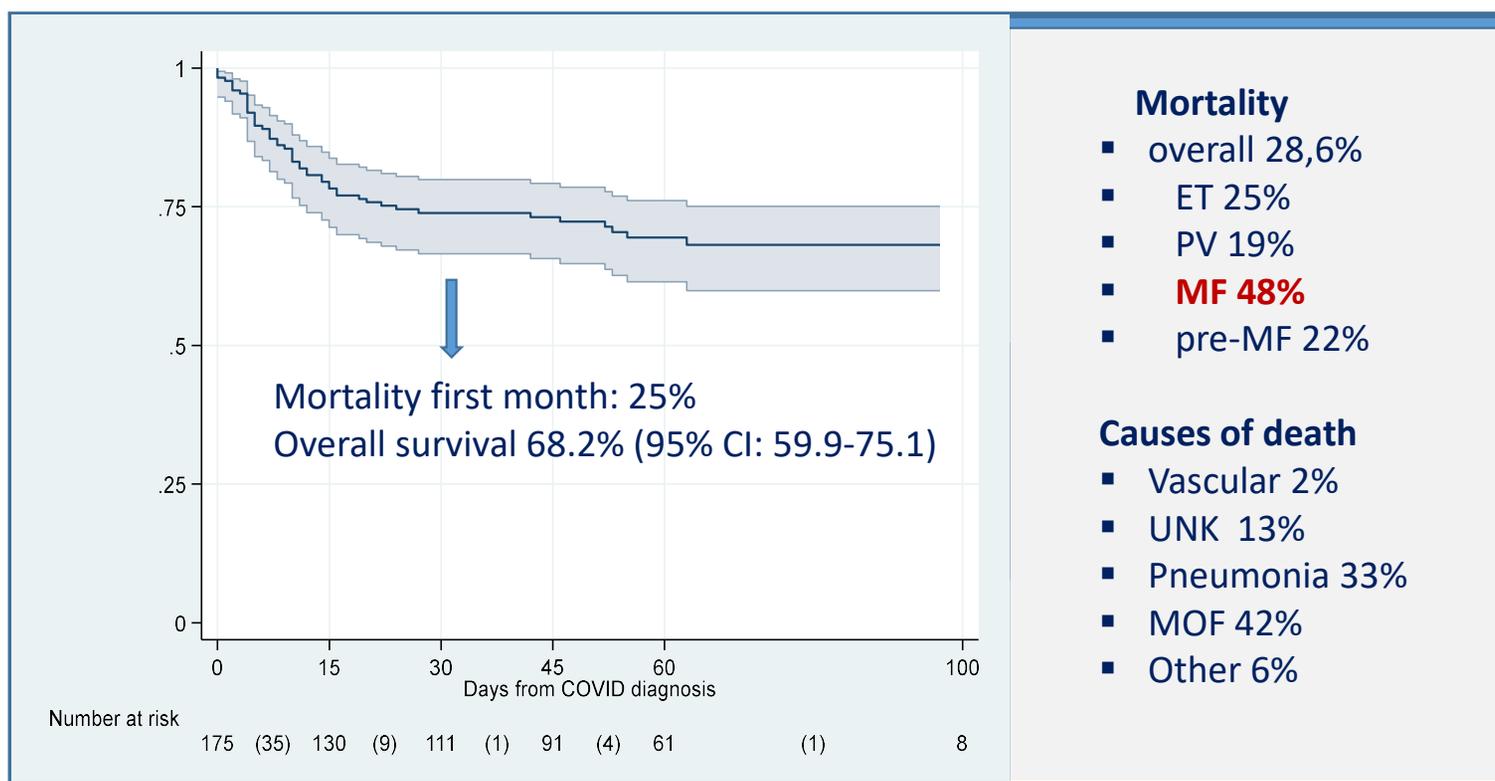
	Last fup pre-COVID
<b>ET, n=51</b>	
Hydroxyurea, n/N (%)	31/51 (60.8%)
Ruxolitinib, n/N (%)	2/51 (3.9%)
<b>PV, n=46</b>	
Hydroxyurea, n/N (%)	26/46 (56.5%)
Ruxolitinib, n/N (%)	8/46 (17.4%)
<b>MF, n=60</b>	
Hydroxyurea, n/N (%)	10/60 (16.7%)
<b>Ruxolitinib, n/N (%)</b>	<b>34/60 (56.7%)</b>
<b>Pre-PMF, n=18</b>	
Hydroxyurea, n/N (%)	12/18 (66.7%)
Ruxolitinib, n/N (%)	1/18 (5.6%)

Interferon alfa and Anagrelide in 4 and 8 patients, respectively

## Therapy in MPN patients for COVID (n=175)

	ET	PV	MF	pre-PMF	Total
	N=51	N=46	N=60	N=18	N=175
<b>Need of respiratory support</b>	<b>32 (62.7%)</b>	<b>22 (47.8%)</b>	<b>38 (64.4%)</b>	<b>11 (61.1%)</b>	<b>103 (59.2%)</b>
<i>Not invasive</i>	25 (49.0%)	18 (39.1%)	31 (52.5%)	9 (50.0%)	83 (47.7%)
<i>Invasive</i>	7 (13.7%)	4 (8.7%)	7 (11.9%)	2 (11.1%)	20 (11.5%)
Transfer to ICU	6 (11.8%)	4 (8.9%)	7 (12.1%)	2 (11.1%)	19 (11.0%)
<b>Drugs , n (%)</b>					
Hydroxychloroquine	34 (68.0%)	19 (41.3%)	38 (70.4%)	9 (56.3%)	100 (60.2%)
Antiviral	17 (34.0%)	11 (23.9%)	24 (44.4%)	5 (31.3%)	57 (34.3%)
Experimental	4 (8.0%)	6 (13.0%)	6 (10.7%)	3 (16.7%)	19 (11.2%)
<b>Antithrombotic</b>	<b>32 (64.0%)</b>	<b>18 (40.9%)</b>	<b>32 (57.1%)</b>	<b>11 (68.8%)</b>	<b>93 (56.0%)</b>
<i>Heparin</i>	32 (100.0%)	17 (94.4%)	29 (93.5%)	11 (100.0%)	89 (96.7%)
<i>DOACs</i>	0 (0.0%)	1 (5.6%)	1 (3.2%)	0 (0.0%)	2 (2.2%)
<i>Warfarin</i>	0 (0.0%)	0 (0.0%)	1 (3.2%)	0 (0.0%)	1 (1.1%)

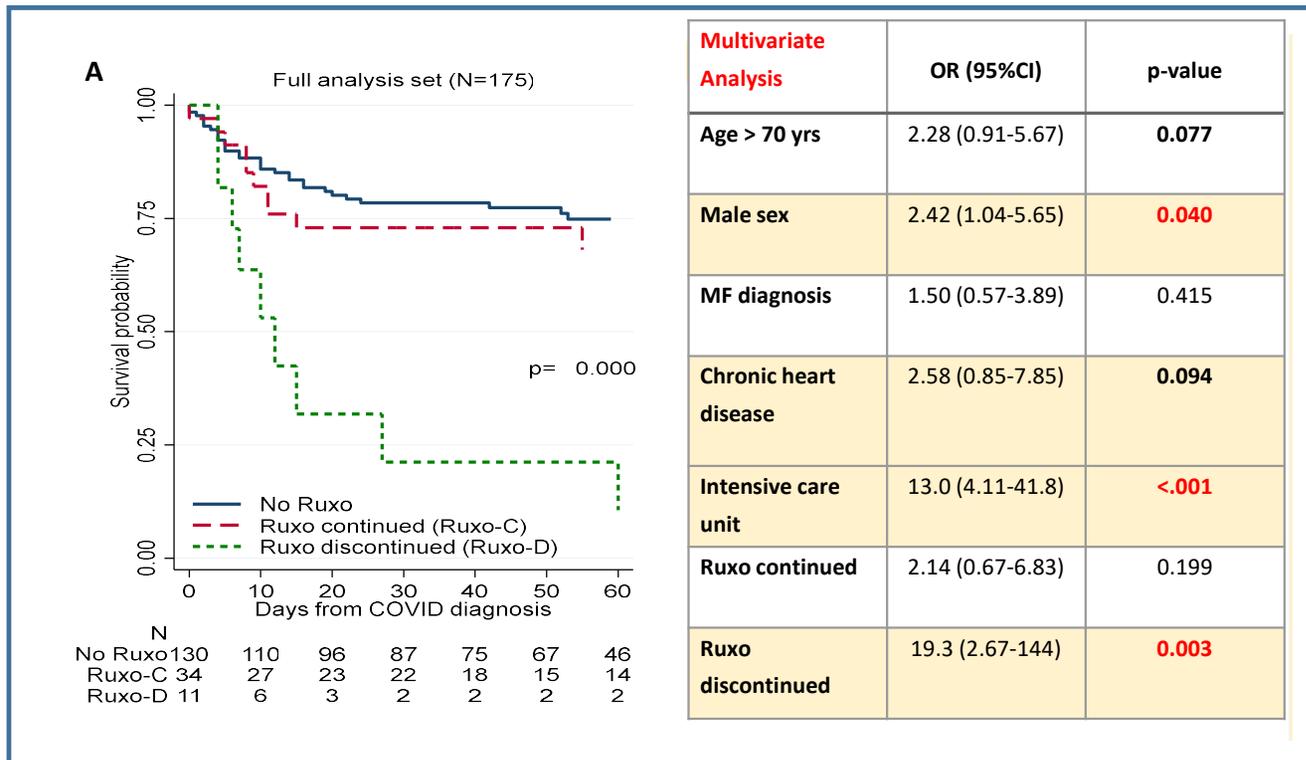
## Overall Survival (n=175)



## MPN directed drugs at COVID acute phase and Survival

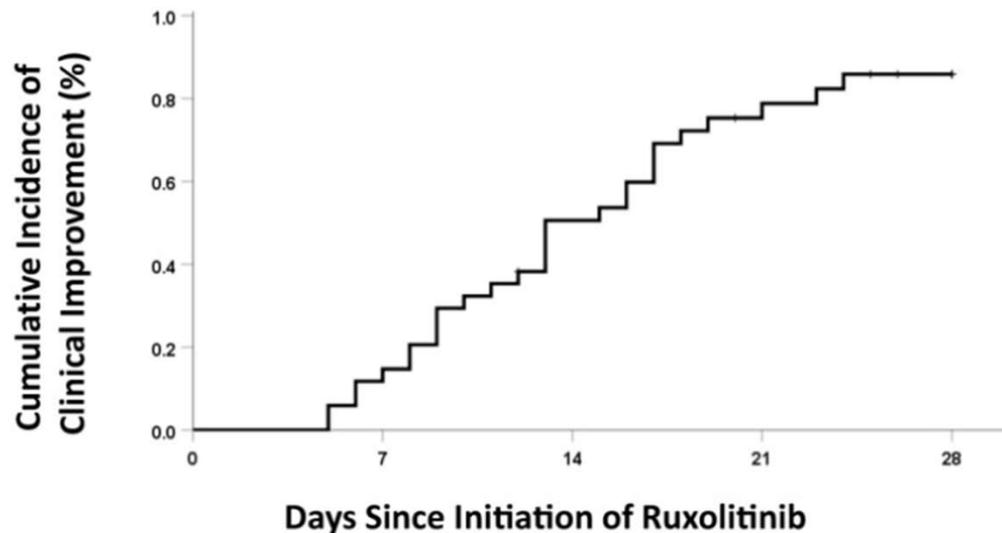
	Total N=175	Survivors N=125	Non survivors N=50	p-value
<b>MPN drugs</b>				
Hydroxyurea	79 (45.1%)	60 (48.0%)	19 (38.0%)	0.23
<i>Discontinued after COVID-19 onset</i>	9 (17.3%)	7 (21.2%)	2 (10.5%)	0.33
<b>Ruxolitinib</b>	45 (25.7%)	25 (20.0%)	20 (40.0%)	0.006
<i>Discontinued after COVID-19 onset</i>	11 (24.4%)	2 (8.0%)	9 (45.0%)	0.004
Interferon	4 (2.3%)	4 (3.2%)	0 (0.0%)	0.20
Anagrelide	8 (4.6%)	5 (4.0%)	3 (6.0%)	0.57
Other	5 (2.3%)	4 (3.2%)	1 (2.0%)	0.67

# Kaplan Meier curves of survival stratified by use and discontinuation of Ruxo in the full analysis set



# Compassionate use of JAK1/2 inhibitor ruxolitinib for severe COVID19: a prospective observational study (non MPN patients)

## A. Overall



N. at risk      34                      34                      33                      32                      29

Prospective, observational study in 34 patients with COVID-19. **Median age was 80.5 years**, and 85.3% had  $\geq 2$  comorbidities.

**Median exposure time to ruxolitinib was 13 days**, median dose intensity was 20 mg/day.

**Overall survival by day 28 was 94.1%.**

*Vannucchi et al, Leukemia, 2020*

# Cumulative incidence of thrombosis in ET versus PV/MF.

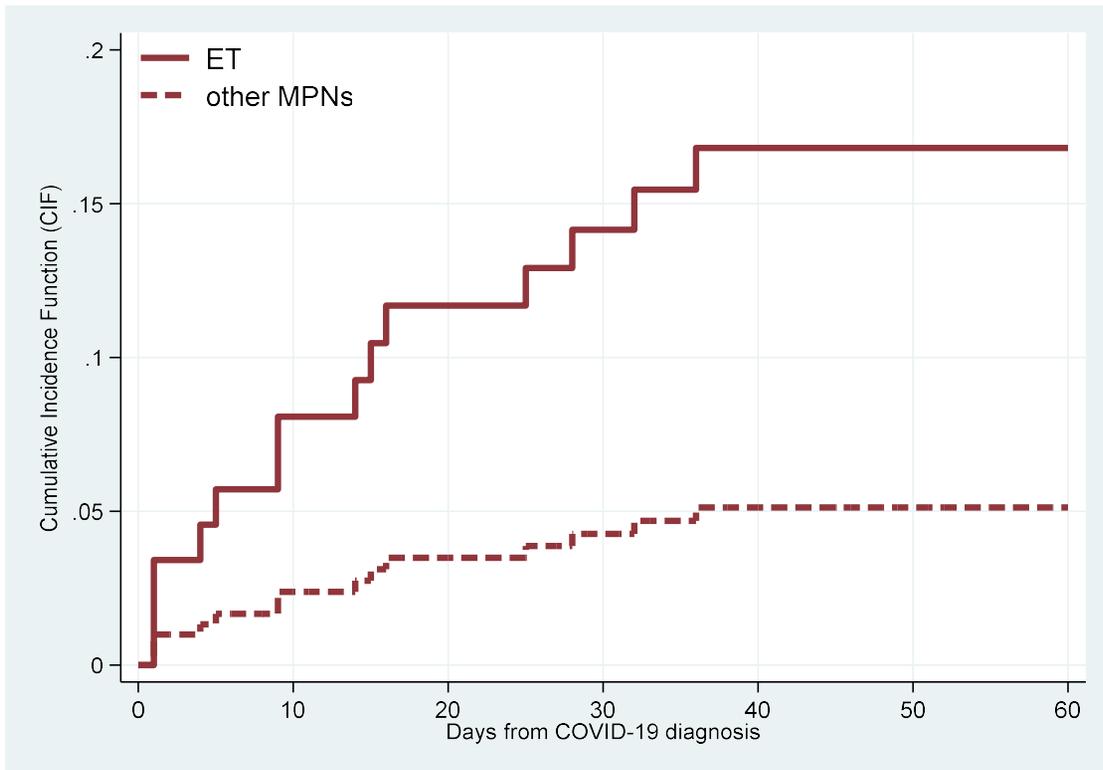


Figure illustrates the remarkable difference in the CIF of thrombosis in patients with ET compared with the other MPN phenotypes.

CIF of arterial/VTE  
in ET ..... 17%  
in PV/MF.... 5%

Of note is the rapid steepness of the curve starting from the first hours after hospitalization and reaching the peak after 30 days

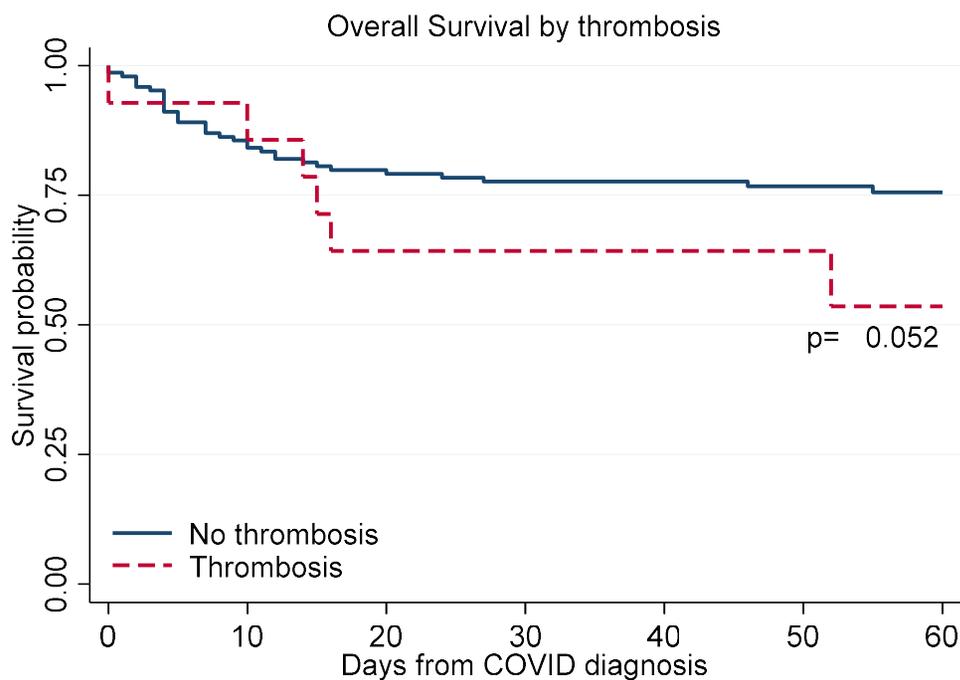
**Characteristics of ET and PV/MF were similar in terms of sex, age, driver mutations and prior history of thrombosis**

	<b>Total</b>	<b>ET</b>	<b>PV/MF</b>	<b>p</b>
	<b>N=162</b>	<b>N=48</b>	<b>N=114</b>	
<b>Sex, n (%)</b>				0.29
Female	66 (40.7%)	23 (47.9%)	43 (37.7%)	
Male	96 (59.3%)	25 (52.1%)	71 (62.3%)	
<b>Age (years), median (IQR)</b>	70.6 (60.0-79.9)	71.6 (53.9-80.3)	70.3 (60.9-79.7)	0.70
<60 years, n (%)	40 (24.8%)	15 (31.3%)	25 (22.1%)	0.35
60-70 years, n (%)	36 (22.4%)	8 (16.7%)	28 (24.8%)	
>70 years, n (%)	85 (52.8%)	25 (52.1%)	60 (53.1%)	
<b>JAK2V617F, n (%)</b>	112 (70.9%)	27 (57.4%)	85 (76.6%)	0.016
<b>CALR, n (%)</b>	26 (29.5%)	13 (39.4%)	13 (23.6%)	0.12
<b>MPL, n (%)</b>	5 (6.0%)	2 (6.9%)	3 (5.6%)	0.81
<b>Previous thrombosis, n (%)</b>	23 (14.4%)	8 (16.7%)	15 (13.4%)	0.59
<b>Previous bleeding, n (%)</b>	12 (7.5%)	4 (8.3%)	8 (7.1%)	0.79

**ET vs PV/MF presented at COVID-19 with higher platelet number but comparable inflammatory tests and coagulation pattern**

<b>Variables</b>	<b>Total</b>	<b>ET</b>	<b>Other MPNs</b>	<b>p</b>
	<b>N=162</b>	<b>N=48</b>	<b>N=114</b>	
<b>White blood cells, x10<sup>9</sup>/L</b>	6.6 (4.7-10.3)	6.5 (4.7-9.2)	6.7 (4.7-10.5)	0.73
<i>Lymphocytes, x10<sup>9</sup>/L</i>	0.9 (0.6-1.6)	1.0 (0.6-1.6)	0.8 (0.5-1.6)	0.29
<i>Neutrophils, x10<sup>9</sup>/L</i>	4.8 (3.2-7.8)	4.6 (2.5-6.8)	4.9 (3.4-7.9)	0.54
<i>Monocytes, x10<sup>9</sup>/L</i>	0.4 (0.3-0.7)	0.4 (0.3-0.5)	0.4 (0.3-0.7)	0.41
<b>Platelets, x10<sup>9</sup>/L</b>	<b>250.5</b> (151.0-397.5)	<b>359.0</b> (208.0-458.0)	<b>229.0</b> (121.0-328.0)	<b>0.012</b>
Neutrophils/lymphocytes ratio	5.2 (3.4-9.0)	4.6 (3.0-7.4)	5.6 (3.6-9.9)	0.11
Platelets/lymphocytes ratio	292.1 (172.3-450.0)	306.6 (248.7-457.8)	276.4 (147.4-414.0)	0.23
C-Reactive Protein, mg/dL	73.8 (23.0-156.8)	72.5 (31.9-161.5)	75.0 (17.5-148.5)	0.71
Fibrinogen, mg/dL	473.0 (276.5-598.5)	422.0 (267.0-529.0)	499.0 (330.0-617.0)	0.26
D-Dimer, ng/mL	660.0 (282.0-1655.0)	458.5 (223.5-2008.5)	789.0 (337.0-1504.0)	0.72
INR	1.2 (1.0-1.3)	1.1 (1.0-1.3)	1.2 (1.1-1.3)	0.52

# Thrombosis in ET patients has an impact on survival

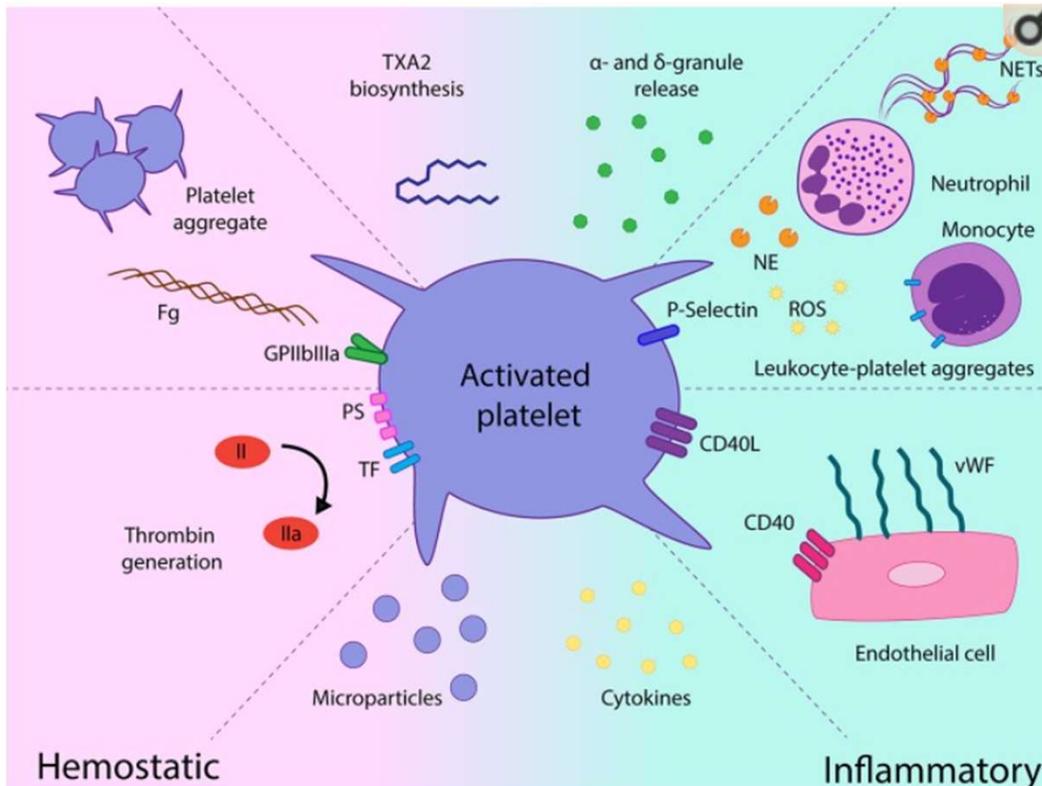


N	0	10	20	30	40	50	60
No thrombosis	148	121	109	99	87	76	57
Thrombosis	14	13	9	9	6	6	4

Note that among the 11 deaths that occurred in ET patients, **pneumonia was more frequent (n=6, 55%)** than in PV (n=2/6, 33%) and MF (n=6/21, 29%)

and a **non significant trend (p=0.06)** for **fatalities due to MOF** in ET (n=5/11, 45%) and PV (n=3/6, 50%)

# Platelets as Mediators of Thromboinflammation in Chronic MPN



Triggers of platelet activation in chronic myeloproliferative neoplasms (MPN).

## A. Intrinsic abnormalities derived from the MPN clone,

- such as JAK2-dependent hyperactivation of signaling pathways
- and hyperreactive newly-formed platelets

## B. extrinsic signals driven by enhanced interaction with activated leukocytes and endothelial cells

- soluble mediators, including classical platelet agonists, such as thrombin generated by the hypercoagulable state
- and inflammatory factors may all converge to trigger platelet activation in MPN.

## Clin Trial GOV

# The potential protective effect of antiplatelet agents in hospitalized patients with COVID-19 is being evaluated in RCTs.

- **REMAP-CAP** (A Randomized, Embedded, Multi-factorial, Adaptive Platform Trial for Community-Acquired Pneumonia) is planning to randomize 7,100 patients to receive multiple therapeutic interventions, including an anticoagulant arm and an antiplatelet agent arm evaluating aspirin and the P2Y12 inhibitors **clopidogrel, ticagrelor or prasugrel**.
- **PEAC** (Protective Effect of Aspirin on COVID-19 Patients; NCT04365309) aims to test the efficacy of **aspirin** in shortening clinical recovery time.
- **RECOVERY** (Randomized Evaluation of COVID-19 Therapy) is looking at the impact of **aspirin** on all-cause mortality among hospitalized patients is also under evaluation. This is the largest adaptive platform RCT for COVID-19 with 20,000 participants.
- **RESIST** (CTRI/2020/07/026791) aims to evaluate the role of **aspirin** plus atorvastatin in clinical deterioration in 800 hospitalized patients with COVID-19.
- **CAM-COVID-19** evaluates the impact of a higher dose of **aspirin** (325 mg 4 times a day) along with colchicine and montelukast on inflammatory markers such as high-sensitivity C-reactive protein in 34 patients.
- **PARTISAN** (Prasugrel in Severe COVID-19 Pneumonia; NCT04445623) will be comparing the effect of **prasugrel** versus placebo among 128 patients with COVID-19 on the primary outcome of improved oxygenation

# COVID outcomes and MPN



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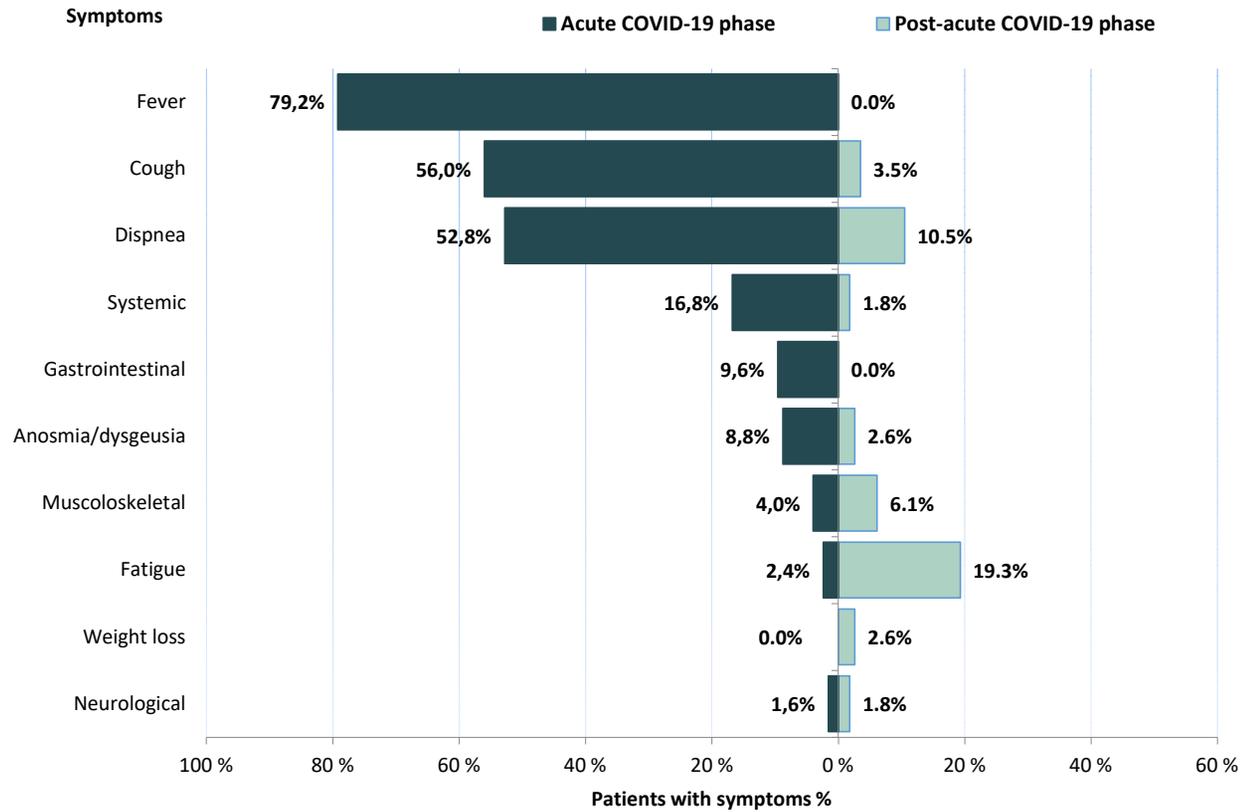
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# Persistent Symptoms in Patients After Acute COVID-19

**N=125, MPN-COVID cohort**

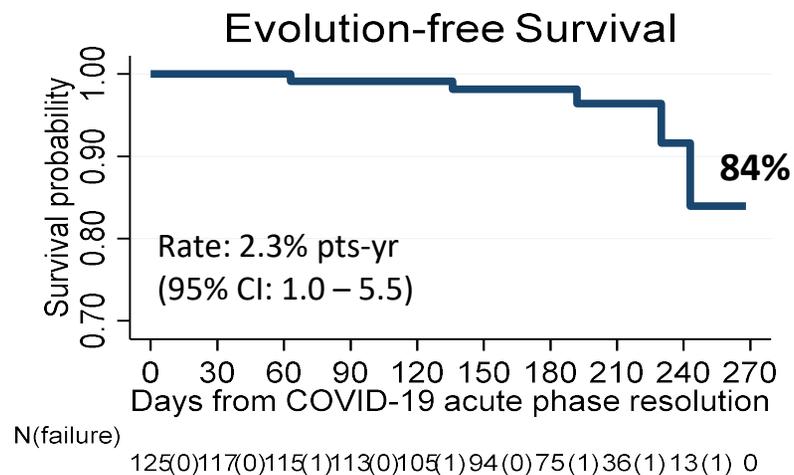
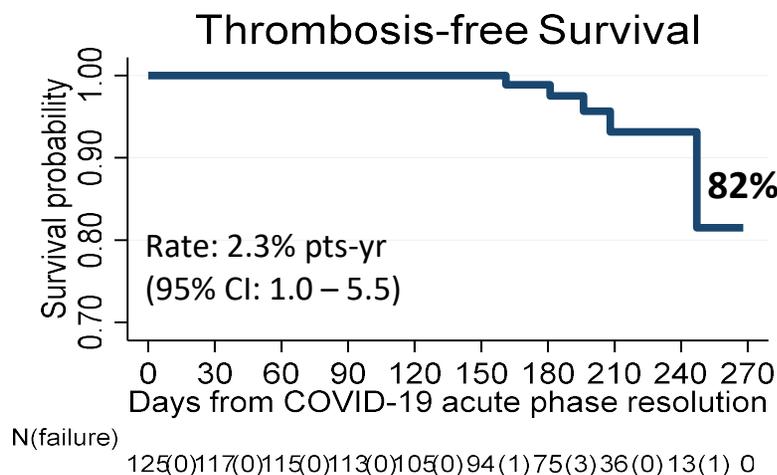
**Persistent symptoms  
32.1%**



Barbui T et al, unpublished

# MPN-COVID major outcomes in post-acute COVID-19 phase

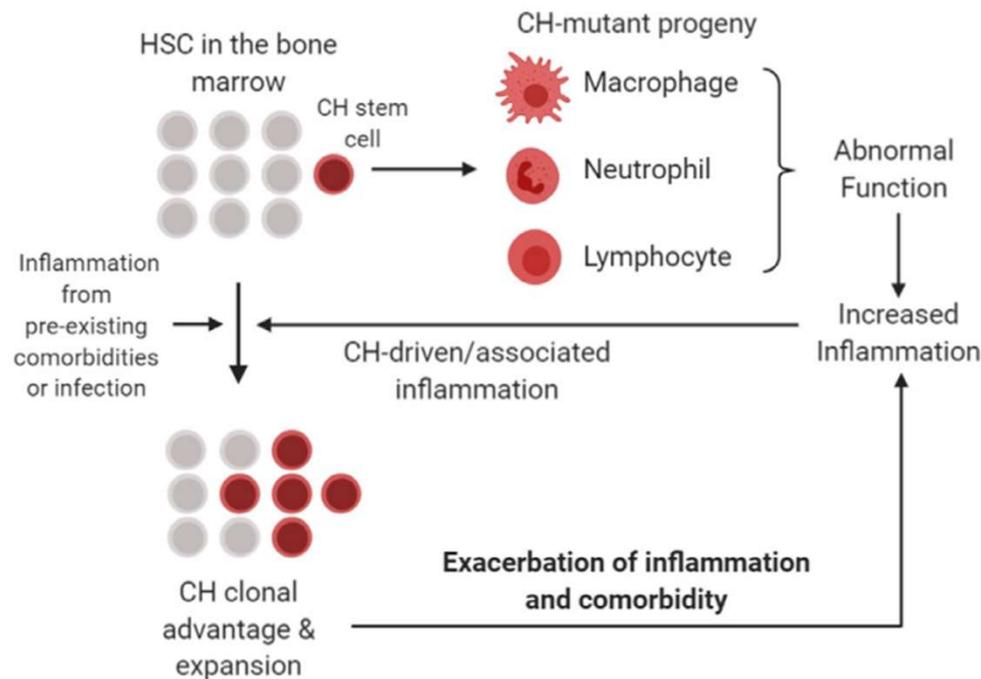
Median fup: 185 days (IQR: 150-215)



THROMBOSIS (N=5)	Fatal	MPN/age	Cyto treat	Anticoag
Intestinal ischemia	Yes	MF/71.7	No	No
Splenic infarction	No	MF/72.3	Ruxolitinb	No
DVT (legs) + PE	No	ET/61.5	Ruxolitinib	No
Acute myocardial infarction	No	PV/80.6	Hydroxyurea	No
Peripheral arterial thrombosis	No	MF/75.4	Ruxolitinb	Yes

EVOLUTION (N=5)	Fatal	MPN/age	Cyto treat	MPN dis duration
AML	Yes	MF/49.3	Hydroxyurea	5.9 years
AML	No	ET/78.3	Hydroxyurea	6.0 years
AML	No	Pre-PMF/82.1	Hydroxyurea	3.8 years
Non-Hodgkin lymphoma	No	ET/60.0	No	8.6 years
Progression of Parotid Carcinoma	Yes	MF/77.3	Ruxolitinb	21.7 years

# Clonal hematopoiesis (HCH) and inflammation are partners in leukemogenesis and comorbidity

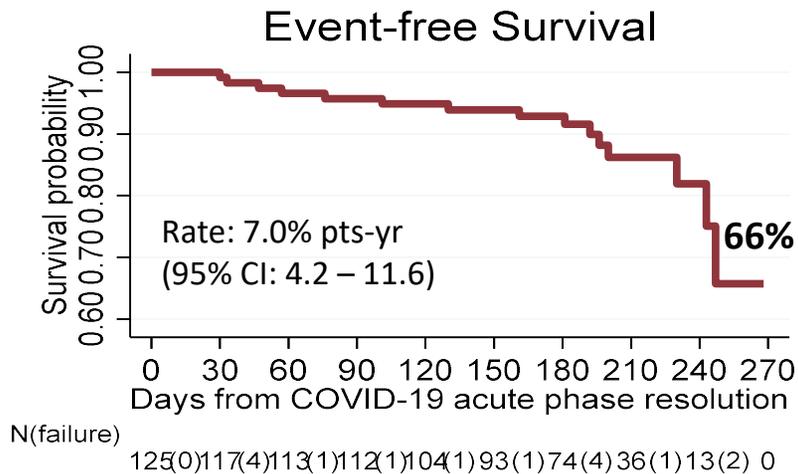
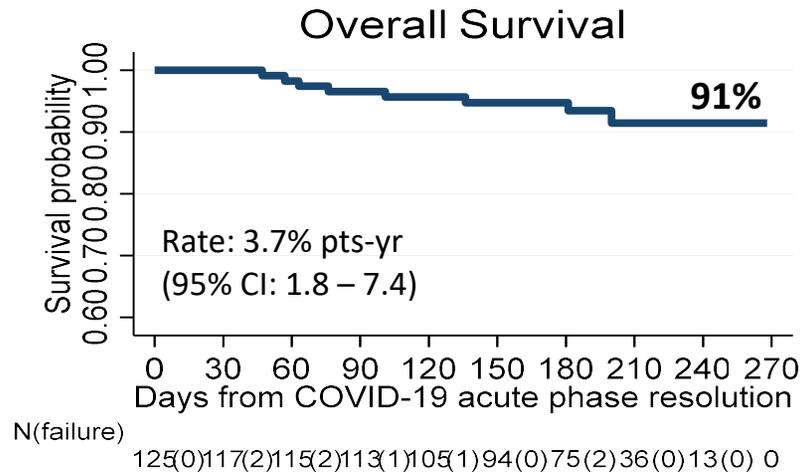


## Proposed relationship between clonal hematopoiesis and inflammation.

- Macrophages, monocytes, and lymphocytes arising from the clone have a hyper-inflammatory phenotype.
  - **Inflammation from CH or other sources such as infection or pre-existing comorbidities provides favorable conditions for the clone to expand.**
- ↓
- Increased production of hyper-inflammatory leukocytes exacerbates the systemic inflammation, **which contributes to cardiovascular comorbidities to further clonal expansion and disease progression.**

# MPN-COVID major outcomes in post-acute COVID-19 phase

Median fup: 185 days (IQR: 150-215)



DEATHS (N=8) Causes	MPN/Age	Cyto treat	MPN dis duration
AML	MF/49.3	Hydroxyurea	5.9 years
Progression of solid cancer (parotid )	MF/77.3	Ruxolitinb	21.7 years
Progression of solid cancer (lung)	MF/80.9	unk	10.9 years
Multi Organ Failure	ET/85.7	Hydroxyurea	5.8 years
Thrombosis	MF/71.7	No	10.2 years
Heart failure	MF/82.4	unk	24.7 years
Heart failure	Pre-PMF/88.7	No	8.8 years
Unknown	ET/87.0	unk	0.8 years

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# Second Versus First Wave of COVID-19 in Patients with MPN



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Accepted as **Oral presentation** at the 63rd ASH Annual Meeting and Exposition

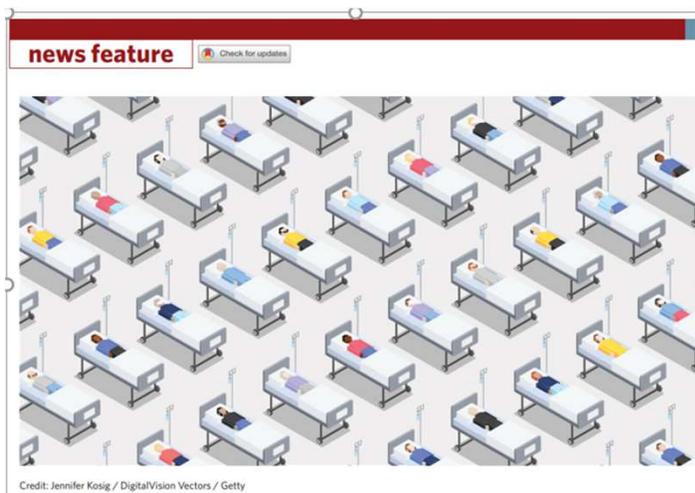
- **Session Name: 634. Myeloproliferative Syndromes: Clinical and Epidemiological: Transplantation, COVID-19 and Biology Insights**
- **Session Date: Saturday, December 11, 2021**
- **Session Time: 4:00 PM - 5:30 PM**
- **Presentation Time: 4:30 PM**
- **Room: Georgia World Congress Center, B312-B314**

# First vs Second wave of COVID-19 in MPN

## Summary

- This is **the largest analysis of MPN patients with COVID-19 in the period subsequent to first wave** of coronavirus pandemic that was characterized by conditions of exceptional lethality.
- Compared to the first, the **second wave recorded a lower severity of acute infection**, likely due (at least in part) to vaccinations, earlier diagnosis, and a positive influence of previous studies and subsequent recommendations.
- The impact on survival of **Ruxolitinib discontinuation and the greater vulnerability of ET in developing venous thrombosis** have been confirmed calling for specific antithrombotic prophylaxis studies.
- Our commitment is now to describe post-COVID events in a broader case series and to investigate to what extent vaccinations influence the frequency and severity of COVID-19 in MPN.

# COVID outcomes and MPN



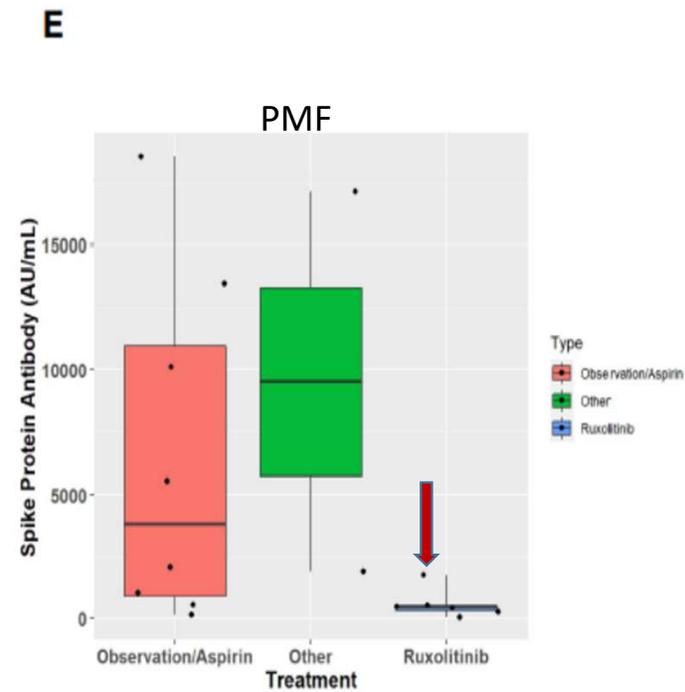
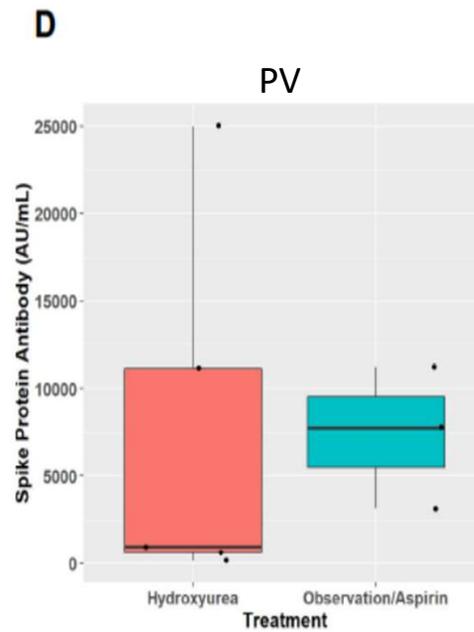
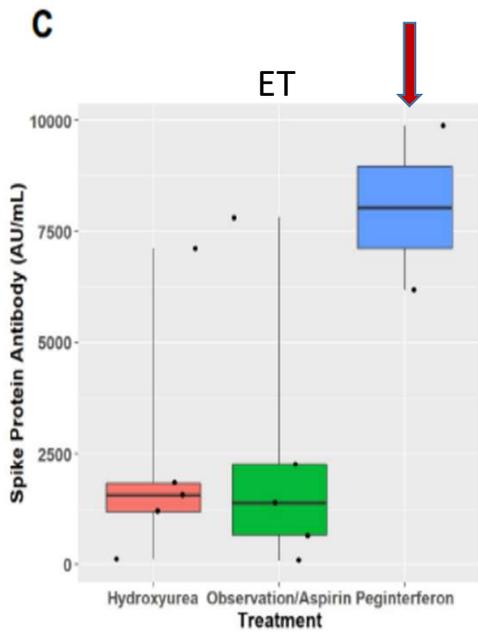
At the outset of the COVID-19 pandemic in early 2020, scientists and clinicians faced a daunting list of desperately needed answers.

The best means for settling these questions was to conduct research on an unprecedented scale and at an accelerated pace”.

## What questions have we addressed

- The **clinical epidemiology** during the acute phase in the first wave of the pandemic
- **Clinical sequelae** in patients who have passed the acute phase
- Whether outcomes changed during the **subsequent waves**
- Whether drugs for MPN have affected the **effectiveness of vaccinations**

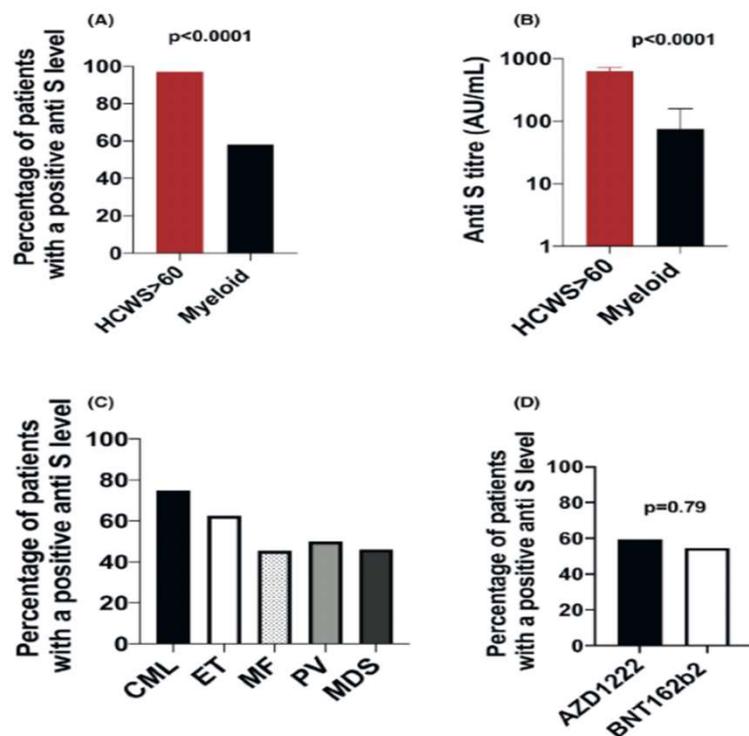
# Serum Antibody Response in Patients with ET, PV and PMF Following Vaccination with SARS-CoV-2 Spike Protein messenger RNA (mRNA) vaccines



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## Serological responses >14 days after a single dose of BNT162b2 or AZD1222 vaccine in HCWs (*healthcare workers*) with **no clinical or laboratory evidence of past COVID-19 exposure**

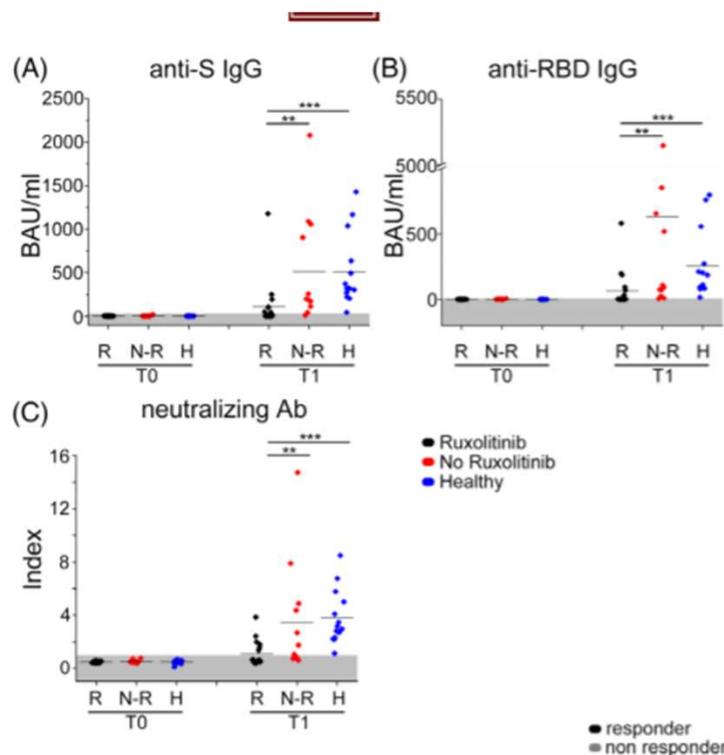
- CML, n = 12; **ET**, n = 17; **MF/Pre-fibrotic** MF, n = 7; **PV**, n = 11 and MDS, n = 13



- Peg-IFN .....Highest response rates (88%, or 7/8 patients)
- Ruxolitinib... (MF n = 1; ET n = 1; PV n = 2) None
- HU..... (4/11 patients (36%))
- None .....seroconverted 65% (11/17)

- **The suboptimal responses observed here to the first vaccine dose highlight an unexpected and potentially important immuno-compromise in this patient group.**
- Further study with longer-term follow-up is required to determine responses to **booster vaccine doses**, and whether the observation of reduced seroconversion following first vaccine dose will be associated with higher rates of COVID-19 infection.

# Impaired response to first SARS-CoV-2 dose vaccination in myeloproliferative neoplasm patients receiving ruxolitinib



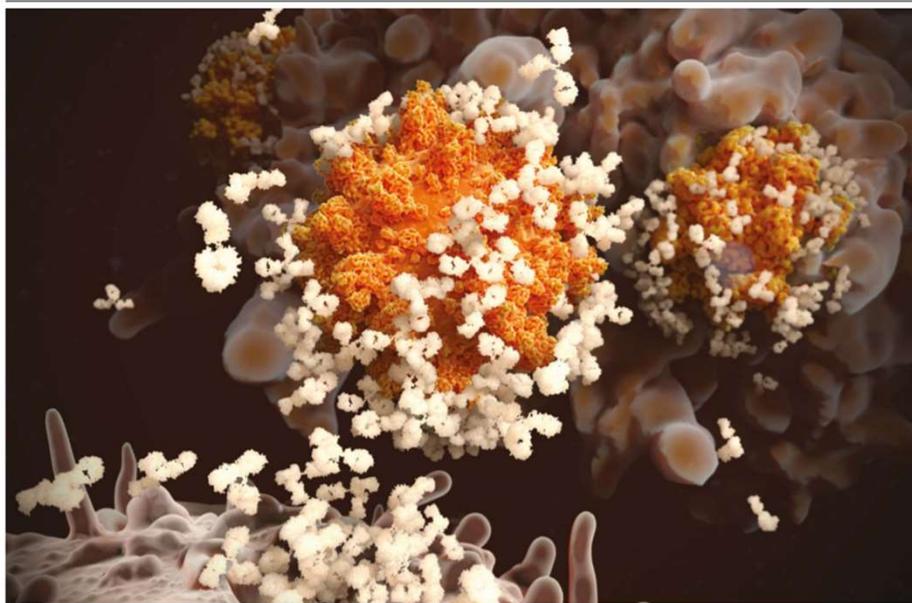
In summary, these findings, with the limitation of the small number of subjects included, **make a strong and urgent argument for an impaired early response to SARS-CoV-2 vaccine in patients receiving ruxolitinib.**

Further and future studies are needed to address **whether such unresponsive status persists after the second dose of vaccine**, as suggested by a study performed **in Israel, where the rate of seropositivity (anti-S1/ S2 IgG) after complete vaccination in patients with MPN was 42% for those using JAKi.**

## **What are the current recommendations for providing a **third vaccination dose** in immunocompromised individuals**

- **On August 12**, the FDA amended the EUAs for both the Pfizer-BioNTech COVID-19 vaccine and the Moderna COVID-19 vaccine to **allow for the use of an additional dose of the same vaccine in certain immunocompromised individuals**, specifically, solid organ transplant recipients or those who are diagnosed with conditions that are considered to have an equivalent level of immunocompromise.
- **On August 13**, the CDC vaccine advisory panel endorsed the [FDA recommendation](#).
- ASH recommends the third dose in immunocompromise patients **including those on Ruxolitinib**

# Good news for our MPN patients who recovered from COVID-19



Researchers are investigating enhanced immunity to SARS-CoV-2 in people who are vaccinated after recovering from COVID-19.

## COVID SUPER-IMMUNITY: ONE OF THE PANDEMIC'S GREAT PUZZLES

Why do people who have previously recovered from COVID-19 have a stronger immune response after being vaccinated than those who have never been infected?

Those who had recovered from COVID-19 months **before receiving their jobs** **harboured antibodies capable of defanging the mutant spike**, which displays much more resistance to immune attack than does any known naturally occurring variant.

**These peoples' antibodies even blocked other types of coronavirus.** "It's very likely they will be effective against any future variant that SARS-CoV-2 throws against them,"

*By Ewen Callaway Nature | Vol 598 | 21 October 2021*

## Conclusion

- In this multicenter European study, we described a relatively large MPN series of 175 patients with MPN and COVID-19, **collected under conditions of exceptional COVID-19 lethality, from February to June 2020**, and report estimates and risk factors of mortality.
- An unexpected result of this study was the association between **Ruxolitinib discontinuation and overall mortality**.
- In patients with PV and MF, the rate of VTE was 4.8% and 5.4%, respectively, overall similar to that reported in non-MPN acutely ill medical patients with COVID-19 admitted in regular wards. Conversely, **the rate of VTE was higher in ET**

### Next questions:

- **Confirm the results** relating to the acute phase of the first wave of COVID-19 (Feb-May / 2020)
- Describe **clinical epidemiology in the second wave of infection**
- Describe **vaccination results**