

PERSONAL MPN DIARY

Project of MPN Belgium vzw
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In cooperation with a dear friend.

Being diagnosed with an MPN is a long journey with an overload of data

- Data personal medical history
- Data from past and present health care providers
- Data from past, present and future appointments, ...
- Data from past, present and future bloodwork

Patients need to keep track of their data

- Visiting their general health care providers :
 - most doctors and specialists have too many patients to remember all important details of all their patients
- Visiting a new doctor or a specialist health care provider :
 - the health care information network in 1 country (sometimes even between doctors in the same hospital) often works poorly

.... even when feeling ill and exhausted


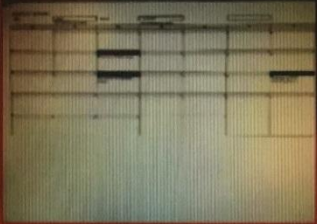


The profit of a digital personal diary

- Visiting different HCP's means being asked over and over again the same questions :
 - current status
 - medical history : which hospital? doctor? year?
 - planned appointments
 - ...

This digital personal database will give an instant access to all registered (patient decides the level) data on USB-stick or through up-to-date prints

- When being seriously ill : family or HCP will have easy access to all data

Short overview features digital diary



The diary contents:

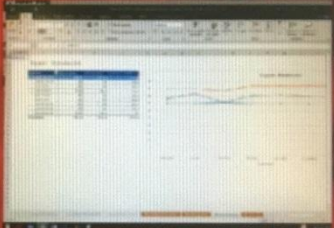

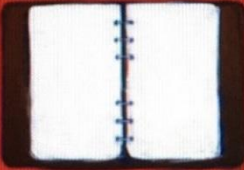

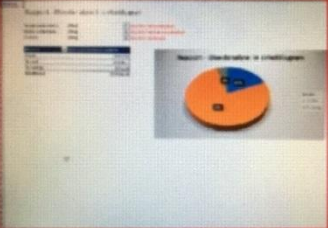
- personal data
- data care provider
- medical history
- recent data
- data blood tests
- ET/PV/MF/CML perceptions
- question area
- calendar
- graphics/prints

MPN DIARY

Having an MPN is a long journey with an overload on data. The information network of healthcare providers often works poorly. Patients are supposed to keep track of their condition and data at all times, even when they are exhausted. Healthcare providers have too many patients to remember who you are and what your (recent) history is. Keeping a paper file with all data is too extensive to give a quick overview at the doctors office. A digital diary/data management is an easy-reference memory to improve communication and it assists the patient to stay involved and well informed.

Practical:

- digital/usb-stick
- patient = owner
- patient decides on level input
- takeaway data
- reminders
- language: Dutch
- easy access info (Family and HCP)
- manual included



Future plans

- Evaluation through patients and HCP's experiences
- Plans to create a Personal MPN Diary App : language Dutch & French

Further options

- Possibility to translate this program into other languages
- Possibility to alter the content to support other hematological diseases
- Possibility to upload to website MPN Belgium vzw (privacy, legislation?)

QUESTIONS?

