The role of the clinical nurse specialist in MPN’s

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ADVOCACY
Components of patient advocacy

1) Developing relationship with patient to **safeguard** their **interests** and **wellbeing**

2) **Respecting** and **valuing** patients freedom of self determination and helping throughout decision making process

3) Sharing information and empowering patients to make decisions
Nursing contribution to MPN’s

- Healthcare Assistants
- Day unit Nurses / Ward Nurses
- Research Nurses
- District Nurses/ Community Nurses
- Practice Nurses
- Transplant Nurses
- Palliative Care Nurses
Clinical Nurse Specialist (CNS) Role
Specialist Skills and Expertise

- Key Worker
- Treat and manage health needs
- Educate
- Advice and information
- Promote health and wellbeing
- Physical, mental, social support
Key Worker

Point of contact for patient throughout disease pathway

- Diagnosis
- Treatment
- Changes
- Palliative

- When patient requests

- Coordinate care pathway
Treat and manage health needs

Assess and treat within clinics

Independent nurse prescriber

Nurse led clinics

SOS
Advice and information
Advice and information - treatment
Physical, mental and social support

Patient, family and significant others
Promote health and wellbeing
Education

- MPN Voice E.T/P.V
- MPN Voice MF
- Leukaemia/lymphoma research mpn books
- MPN Voice drug info books
- BHF Keeping your heart healthy
- BHF Cholesterol
- BHF diet for healthy heart
- Smoking
- Alcohol
- Seven steps
- Diet book
- Fatigue book
- Fatigue workshop
Colleague Education

Within hospital

External local networks

External – AMNP
CNS

Key Worker

Treat and manage health needs

Advice and information

Physical, mental, social support

Promote health and wellbeing

Educate
I'm A Nurse
What's Your Superpower